

## Humfress' News Bulletin - December 2016

Another year has been and nearly gone and what a year it has been. All was going so well until the middle of October when I tripped on a paving stone in Marlborough High Street and broke my other leg. I could not believe what had happened and this one has hit me harder. I spent over a week in hospital and was released into Nurse Dave's care. It is improving week by week, so my mood is improving and my independence is returning.



The year started off so well. We had a cruise last Christmas and the weather was extraordinary, we went to all the Scandi countries and instead of a white Christmas it was blue sky and 12 degrees. We didn't make it



to Amsterdam as planned as the weather was too windy but apart from that and our colds we had a good time. The ships are huge so probably won't do another one.



We have also had our Bridge weekend in Tunbridge Wells which was good fun. Next year we are going to the South of France. In 2015 I was 60 so I planned on doing 60 things in my 61st year. Did that and it was so good to spend time with good friends and have lovely trips out and about.

We finished off with a trip to the Isle of Wight for



my birthday which was lovely, the sun shone and we toured the whole island. Came home with lots of happy thoughts and then wham bam fell over and life changed. Dave hit 60 this year too, so more celebrating; even though I was a bit immobile but a few friends came round to help with the celebrations.

2016 has been a lot about health issues. Dave is mastering the Alexander technique which is helping with his back problems. My sister Terry put him on to it and she is doing it too. It is relearning all your bad habits and for all of us there are a lot. I might try it when I can walk about properly. My brother in law David was unfortunately diagnosed with Bowel cancer but after one operation and a course of chemo it looks like he is on the way back to recovery, fingers crossed. Terry also had her operation and hopefully she is making a good recovery so we are all keeping fingers crossed for a better 2017. Dave's mum is also suffering from cancer but she likes living in the assisted living home. Then of course there is my leg.

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We have celebrated Weddings, Anniversaries, Christenings and a Funeral. All of life in those 4 occasions. Dave came second in the Pewsey Carnival WI bake off, to say I was miffed is an understatement but the Judges obviously prefer coffee cake to chocolate. The Flying Scotsman even passed through Pewsey. Terry and David went on its inaugural journey which was amazing (Mark in NZ saw his Mum and Dad on the telly) and then it came to us.

One of the weddings was Dave's daughter Lisa's to which only Dave attended so he has written this bit. Lisa was married on 4th November in a wonderful wedding venue near Chelmsford. It all went very smoothly and my speech was well received. What a proud father I was and how beautiful did she look.



Our house has had some work done to it. Thankfully most of the problems were not as bad as feared but we still have more to do next year. Old houses drain your finances big time, but we still love living here. PC Doctor Dave is doing very well. Plans are afoot to market his database and maybe even take on an apprentice.

I will let Dave add his bit but we would like to wish you happy festivities and hope all is well in your worlds and please don't be a stranger, come visit us soon. We also hope all your dreams come true in 2017.

Here's us at Pewsey Carnival this year. We won the prize for best dressed table.

